

Family Support Sessions

for spouses/significant others of veterans and soldiers

We're here to listen and help.

You are invited to join us for a series of 12 sessions to educate spouses on vet issues, build coping and communication skills and provide an open forum for discussion and support.

**Every Tuesday
5:30-7 p.m.
Easter Seals NH STEPS Room
555 Auburn Street
Manchester, NH**

The sessions will be facilitated by experienced therapists with backgrounds in PTSD, service member reintegration and family counseling.

These sessions are free and childcare will be provided.
(A light dinner will be provided to adults and children.)

Please spread the word about these session to anyone related to or committed to supporting a veteran.

**To RSVP or for more information:
Ginger Munson at
603.860.4630 or vmunson@eastersealsnh.org**



VETERANS SERVICES

These sessions are sponsored by Easter Seals NH Veterans Services.
The mission of Easter Seals NH Veterans Services is to meet the diverse needs of veterans and their families through rehabilitation, childcare and early intervention services, adult day programs, family support services, and state-wide transportation.